



Kent Scouts

Expedition Kit List



Bring all the following kit - discussion with your assessor must be undertaken before ditching anything

PERSONAL CLOTHING

- walking boots (worn in)
- walking socks
- thermal base layer/t-shirt in breathable material
- fleece/jumper
- walking trousers (no jeans or fleece joggers)
- wind & waterproof jacket
- waterproof trousers
- hi-vis jacket (Supplied by District)
- gaiters (optional)

PERSONAL KIT - EVERY TEAM MEMBER MUST HAVE THESE ITEMS

- Large rucksac that fits with rain cover (approx. 55-65 litre capacity)
- Rucksac liner &/or dry bags
- Sleeping mat
- Sleeping bag
- Survival bag
- Personal first aid kit
- Watch
- Whistle
- Notebook & pen/pencil
- Torch & spare batteries
- Washkit & small/micro towel
- Flipflops (optional)
- Spare clothing (trousers, top, jumper, underwear, socks) as appropriate to the expedition length
- Hat, gloves &/or sunhat, sunscreen (dependent on the weather)
- Water container (2 litres)
- Emergency food rations (not to be eaten until after the debrief) clearly noted
- Cutlery, plate/bowl (items they can eat with and off)
- Penknife

TEAM KIT - THESE MUST BE SHARED BETWEEN THE TEAM (All supplied by District unless specified)

- Lightweight tents
- Cookers & fuel
- Matches/lighter in waterproof container
- Scourers & washing up liquid
- Maps & mapcases (minimum 2 per team)
- Compasses (minimum 2 per team)
- Teatowel (Participant to supply)
- Food (as per menu plan) (Participant to supply)
- Rubbish bags
- Camera (if appropriate to project plan) (Participant to supply)